

# Willow Restaurant

## Something to Start ...

<b>Homemade Soup of the Day</b> please ask for today's special 4.50	<b>GF V Grilled Halloumi</b> with a crisp salad & caramelised balsamic vinegar dip 5.20	<b>GF VEGAN Mediterranean Wild Rice Salad</b> white & wild rice with mixed leaves, cherry tomatoes, roasted Mediterranean vegetables & mini falafel. Served with an olive oil & balsamic vinaigrette 5.00
<b>GF VEGAN Red Thai Mushrooms</b> pan fried mushrooms in a spiced red Thai & coconut sauce. Served with crusty bread 5.50	<b>GF Honey &amp; Mustard Chicken Skewers</b> marinated chicken fillet pieces oven baked with a honey & mustard glaze 5.30	<b>Devilled Whitebait</b> coated in our own blend of spices, deep fried and served with tartare sauce & fresh lemon 4.90
<b>GF Prawns Marie Rose</b> north Atlantic Prawns served with homemade Marie Rose sauce 5.90		

## From the Grill ...

<b>Rib Eye 8oz</b> 16.00	<b>Rump 10oz</b> 16.50 add sauce: 3.50 + Creamy Peppercorn, Blue Cheese, Chimichurri or Mushroom +	<b>Ultimate Mixed Grill</b> the full works: mini rump steak, cumberland sausage, mini gammon steak, tender chicken fillet, fried egg & onion rings 19.50
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\*\*\* All served with grilled tomato, pan fried mushroom, peas & chips \*\*\*

## From the Land ...

<b>GF Piri Piri Chicken</b> boneless breast of chicken rubbed in sweet & spicy Piri Piri seasoning, grilled & served with a spicy chilli tomato sauce on the side 13.50	<b>GF Sticky Slow Roasted Belly of Pork</b> basted with a honey, cumin & chilli glaze, served with the sweet, sticky juices 15.00	<b>Chicken Parmigiana</b> fillet breast of chicken coated in parmesan breadcrumbs & pan-fried. Finished in the oven with our homemade tomato sauce, mozzarella & Parmesan cheese 15.00
	<b>GF Lamb Shank</b> succulent lamb cooked in a creamy mint sauce 16.00	

\*\*\* all served with a choice of Mash, new, chips or potato of the day + vegetable of the day or side salad \*\*\*

<b>GF VEGAN Thai Penang Curry</b> a rich & creamy coconut sauce with hints of red Thai, peanut & lemongrass. With cauliflower, green beans, mangetout & mixed peppers, served with rice 10.50	<b>V Vegetarian Flavour of the Week</b> please ask for this weeks special tart or pie. served with new potatoes & side salad 9.50
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## From the sea ...

<b>GF Citrus Fillet of Salmon</b> marinated in fresh orange & lemon juice, glazed with honey & roasted. Served on a bed of warm vegetable quinoa & steamed broccoli 15.90	<b>GF Red Thai Mussels</b> cooked in coconut milk & light Thai spices. Served with crusty bread, white rice or fries 15.00	<b>GF Mediterranean Cod</b> Fillet of cod oven baked & served on a bed of roasted Mediterranean vegetables, chorizo & new potatoes 13.50
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## Easy Options ...

<b>Chefs curry of the Day</b> served with naan bread, poppadom, mango chutney & rice 11.70	<b>Beer Battered Fish &amp; Chips</b> with homemade tartare sauce + choose mushy peas or garden peas 10.50	<b>Oven Baked Lasagne</b> homemade, served with side salad 9.90
<b>Pasta Carbonara</b> served with garlic bread + Gluten Free pasta available on request 12.20	<b>GF V Vegetarian Bangers &amp; Mash</b> 3 Linda McCartney sausages cooked in the oven & served with mash potato, peas & red onion gravy 9.90	
<b>Pizza - Build your own 12"</b> 1. Choose a tomato or BBQ base	2. Choose any 3 toppings from the list below	3. Enjoy! 10.50

+ Bacon / Sausage / Pepperoni / Ham / Chorizo / Tuna / Onion / Tomato / Mushroom / Sweetcorn / Olives / Jalapenos / Mixed Peppers / Pineapple / Blue Cheese / Spinach / Red Onion Chutney / Free Range Egg / Extra Cheese +

+ 1.30 per extra topping +

## Something on the side ...

<b>Chips</b> 3.20	<b>Sweet Potato Fries</b> 3.50	<b>Macaroni Cheese</b> 4.20
<b>Battered Onion Rings</b> 3.20	<b>Side Salad</b> 3.90	<b>Sautéed Mushrooms</b> 3.50
<b>Coleslaw</b> 3.20	<b>Garlic Bread</b> 3.40	<b>Deluxe Garlic Bread</b> 4.70

For allergies and intolerance information, please see reverse of menu.